

Verde

G690 TREADMILL

Verde is the industry's first treadmill that is capable of harnessing human power and converting it to utility grade electricity. The sleek, non-motorized design combines supremely low friction and flat-slat belt to create an approachable unit that feels remarkably natural and comfortable. Utilizing both mechanical and electrical braking systems the Verde allows walking, jogging, running, sprinting or sled pushing features that cater to a broad spectrum of users, from deconditioned to elite athletes and is capable of capturing up to 200 Watts/hour of energy.



TECHNICAL DETAILS	
Unit Weight	528 lbs / 240 kg
Dimensions (LxWxH)	84 x 35.4 x 65.3 in / 213 x 90 x 165.8 cm
Running Area (LxW)	58 x 21 in / 147.32 x 53.34 cm
Speed Range	1.9–10 mph / 3–16 kph
Incline Range	Fixed 7%
Drive Motor	N/A
Power Requirements	N/A
Max User Weight	400 lbs / 180 kg
Readouts	Calories, Time, Distance, Cal/HR, Mets, Pace, Human Watts, Heart Rate, Your Speed, Target Speed, Resistance, Instant Watt To Grid
Workout Programs	Running, Sled-Pushing
Features	<ul style="list-style-type: none"> Slatted belt increases feel and comfort while exercising Elegant LCD display easily portrays key data readouts Accommodates walking, jogging, running, sprinting, and sled-pushing Sled-push mode with multiple levels of resistance Non-motorized 3-speed fan New watt-hour to grid goal Hybrid mechanical/electrical braking system

